



WHEN **STROKE**  
STRIKES,  
ACT **F.A.S.T.**

# FACE

HAS THEIR FACE  
FALLEN ON ONE SIDE?  
CAN THEY SMILE?

# ARMS

CAN THEY RAISE  
BOTH ARMS AND  
KEEP THEM THERE?

# SPEECH

IS THEIR SPEECH SLURRED?

# TIME

IF YOU NOTICE  
**ANY** OF THESE SIGNS  
MAKE THE CALL

**DIAL 999**

Jaswant Naker  
STROKE SURVIVOR

